

Valaria Zielinski

BSN Nursing Student with clinical experience

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Executive Summary

BSN Nursing Student offering academic excellence with high honors and a Bachelor of Science degree from Rasmussen College. Soon to earn my Registered Nurse (RN) Licensure from the Florida Board of Nursing. I have strengthened and reinforced my critical and acute care nursing skills through my most recent ER clinical experience as a Student Nurse at Ocala Health: Summerfield Emergency Room.

Through my nursing studies and ER clinical work, as well as my youth-centered volunteer experience, I have expanded my social skills in compassion, teamwork, and communication. I am passionate about providing high-quality integrated and comprehensive urgent care for ER patients suffering from trauma, injury or severe medical conditions in order to stabilize and minimize pain, as well as increase overall levels of patient comfort. Dedicated BSN and ER focused professional ready to take on new challenges as a full-time Emergency Room Registered Nurse.

Clinical Experience

Student Nurse , OCALA HEALTH: SUMMERFIELD ER

August 2018 - Present

Currently serving as a night-shift Student Nurse at the Ocala Health: Summerfield Emergency Room, a 24/7 free-standing emergency facility, which cares for an average of 30 patients a day. I actively develop and implement nursing care plans for patients and coordinate with multidisciplinary team members to facilitate integrated and comprehensive care for ER patients on a daily basis, working up to 12 hours at a time.

- Evaluate and treat patients who are suffering from trauma, injury or severe medical conditions and require urgent treatment.
- Identify and treat many conditions with varying degrees of severity including: abdominal pain, upper-respiratory infections, strains and sprains, superficial injuries, chest pain, heart attacks, cardiac arrest, and strokes.
- Quickly identify the best way to stabilize patients and minimize pain.
- Collaborate with a team of specialists, such as radiologists and orthopedic experts, to provide the highest-quality care.
- Participate in a public program in order to promote and educate people about alcohol awareness.
- Educate patients and family about injury prevention and care.
- Have successfully utilized ACLS to intervene for the urgent treatment of cardiac arrest and stroke.
- Address all medical situations with care, calm, and confidence, enhancing patients' level of comfort.

Volunteer experiences

After-School Leader , Boys and Girls Club of America

July 2015 - Present

The Boys & Girls Clubs of America (BGCA) is a national organization of local chapters which provide after-school programs for young people and whose mission is to enable all youth, especially those who are of most need, to reach their full potential as productive, caring, responsible citizens. I began volunteering at the Boys & Girls Club of Marion County after graduating high school and have continued volunteering my time there for the past 3 years as an After-School Leader.

- Provide one-on-one homework help for students ranging from kindergarten to high school levels.
- Use organizational skills and teamwork to collaborate on the schedule and planning of 4 consecutive summer camps.
- Lead interactive educational games with small groups, up to 10 kids.
- Utilize effective communication skills to instruct basic art and science projects with large groups, up to 20 children.
- Assist with the administration of the after-noon snack and cleanup.
- Build healthy relationships with young people enhancing my sense of empathy and compassion.

Education

Bachelor of Science in Nursing (3.7 / 4 GPA)
Rasmussen College

August 2015 - present

Certifications

Registered Nurse (RN) Licensure

Florida Board of Nursing

Clinical Skills

- Critical Care
- Acute Care
- Telemetry
- Basic Life Support
- Case Management
- Patient Education
- ACLS
- CPR
- Pain Assessment
- Treatment Planning

Languages

- English - Native or bilingual
- Spanish - Native or bilingual

Out of Office



In my free time, I enjoy participating in the Student Health Advocacy Group. We work to educate fellow students about all aspects of health and well-being, from STDs and breast cancer to anxiety and eating disorders.



I am an amateur ball player since I was 10, that's more than 11 years training and playing at an amateur league level.

Check out my online

Resume

For more information about me, check out my online CV

